stay-cool

Every Day with Rachael Ray Circ: 1,709,309 July/August 2014



TAKE A BITE OUTTA LIFE

with Racha

Taste the trend

faves & saves | SUPERMARKET SMARTS

Irresi ice cr treats page 106

You gotte

Salads get an instant upgrade with five new supermarket finds that add flavor and crunci 3. Bite-size and precroutons! BY MORE cooked, Love Beets Baby

Twistos Bri Baked Sna Beets are infused with Miniature in not in taste flavorful marinades, like tiny toasted bread s flavored with the cla honey and ginger. (\$3.99) combo of tomato an (\$2.79 for 5.3 oz.)



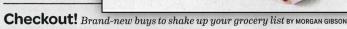
Chavrie Crumbled Goat Cheese Salad

ricots, pumpkin seeds and me, you can just add greens 4.99 for 4 oz.)

Sunsweet Amazin

Berry Blend With the simple shake of a pouch, add plump antioxidant-rich dried ums, cranberries, blueberries d cherries to your greens. 3.75 for 5 oz.)

Chic-a-Peas Falafel Baked chickpeas seasoned with a blend of savory spices add tein and crunch to Middle tern- and Mediterraneansalads. (\$3.99 for 3 oz.)



1. Move over Arnold Palmer—Sweet Leaf Tea Original Coffee-Tea Blend is refreshing—with a caffeinated kick. (\$1.49)

2. Rader Farms Fruit Plus Vitamins is superpowered with an added boost of all-natural fruit and veggie extracts. (\$6.99)

3. Bite-size and pr cooked, Love Beets Baby Beets are infused with flavorful marinades, like honey and ginger. (\$3.99) 4. Utterly addictive Pickle Crunch is a picnic's BFF. Sprinkle these batter-fried pickles on a burger or over potato salad. (\$3.99)

5. Kick-start your morning with zesty Delights by Jimmy Dean Chorizo Chicken Sausage Links. (\$4.79)



Strips

(\$2.49 for 4 oz.)





ow the pros do it,

page 130



JULY/AUGUST 2014 ZECYCLED PAPER