

Food & Nutrition Magazine

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# Food & Nutrition

## *food trends*

Discover new food items from supermarket shelves and restaurant menus.



1.



2.

### FROM THE SHELF

1. Love Beets has a new line of organic marinated baby beets and beet juices. The gluten-free organic baby beets in mild vinegar are steamed and ready-to-eat. The beet juices are available in two flavors: super tasty and cherry & berry.